

THE TRENDSETTERS

AVMS NEWSLETTER

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ADANI VIDYA MANDIR, SURGUJA
(A place to grow)



Taekwondo Training (1st February, 2023)



Taekwondo is a form of empty hand martial arts combat that requires the athlete to use all parts of the body in competition. **Taekwondo** is a self defence discipline; the name is derived from the Korean words "**tae**", meaning kick, "**kwon**", a punch or other blow with the hand or fist, and "**do**", which is a way or method of operation.

It was the first occasion in our school that Taekwondo was introduced in the guidelines and patronship of our honorable Principal and sport instructors **Mrs. Pooja Chaturvedi** and **Mr. Vinod Singh**. Taekwondo Club Police Line Surguja trainer **Mr. Radhe Shyam Manikpuri** and his few students of Taekwondo Club Police Line – **Arushi Kashyap**, **Divya Gupta**, **Sandhya Gayakwad**, **Soni Diwakar**, **Anjali Jatav**, **Unnati Mittal**, etc. trained the students of **AVMS Surguja**. This session ended on 21st February 2023. Our students showed great interest and curiosity and learned many things in this field.







International Zero Tolerance Day (6th February, 2023)

Rooted in gender inequality, female genital mutilation limits opportunities for women and girls around the world to exercise their rights and realize their potential. While progress has been made—girls today are a third less likely to undergo the harmful practice than 30 years ago—there's much more to be done. Men and boys can be a powerful voice in the call for change.

In our school for International Zero Tolerance Day (Female Genital Mutilation), there was a celebration in which students took parts and teachers also threw some light on it.

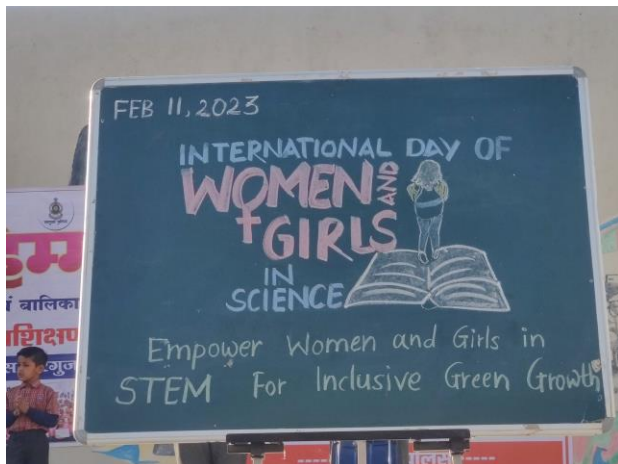


International Day of Women's and Girls Celebration (11th February, 2023)

The **International Day of Women and Girls in Science**, celebrated on 11 February, is implemented by **UNESCO** and **UN-Women**, in collaboration institutions and civil society partners that aim to promote women and girls in science. This Day is an opportunity to promote full and equal access to and participation in science for women and girls.

Our school celebrated **International Day of Women's and Girls** on 11th February, 2023.

On this occasion our principal delivered a short eloquence making the student aware about gender equality and women empowerment. The effort of student as well as of teachers made the celebration remarkable. The speech of our honourable Principal brought zeal and awareness among students.



Art and Craft Item Making Competition (13th February, 2023)

Students of our school **AVMS** from 1st to 9th participated in **Art and Craft Item Making Competition** on 13th February, 2023 in the guidelines of **Mrs. Sujata Bajpai**.

The declaration of winning candidates of **Art and Craft Item Making Competition** was made on 15th February, 2023. The declaration of winning candidate was made class wise.





Cycle Exam 7 (14th February, 2023)

Cycle Exams - 7 of the little kids in our school began on 14th February, 2023 and lasted till 16th February, 2023.



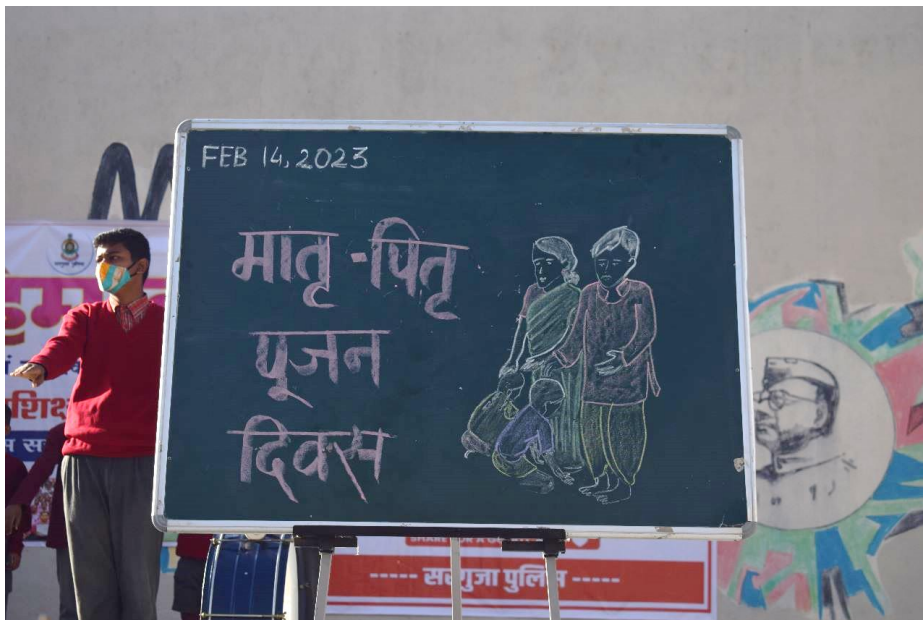
Parents' Worship Day and Gift Distribution (14 February, 2023)

February 14 is the day to express love not only to the lover-girlfriend but also to the parents. Mother-Father Worship Day is being celebrated across the country on 14 February. Special programs are being organized for this in schools and colleges. Many committees and parties are making the youth aware for this.

To promote our culture, there is a practice of celebrating mother-father worship day in Hindu religion. Mother-Father Worship Day is celebrated to honor the sacrifices of parents and their work. Hindu religion has a very thrilling story about this day of worshiping this mother and father.

Our school also celebrated Parents Worship Day on 14th February, 2023. On the same day gift was distributed among the students who participated in the program organized in Mines Zone.

Few meritorious students were awarded on 14th February, 2023 for giving splendid performance in music and dance in Mines Zone.





International Childhood Cancer Day (15th February, 2023)

International Childhood Cancer Day is a global collaborative campaign to raise awareness about childhood cancer, and to express support for children and adolescents with cancer, the survivors and their families.

The day promotes increased appreciation and deeper understanding of issues and challenges relevant to childhood cancer and impacting on children/adolescents with cancer, the survivors, their families and the society as a whole. It also spotlights the need for more equitable and better access to treatment and care for all children with cancer, everywhere.

The students of our school celebrated the International Childhood Cancer Day on 15th February 2023 making awareness among the students about it through activities and slogans.



Art of Living Program in AVMS (16th February, 2023)

The **Art of Living Foundation** is a volunteer-based, humanitarian and educational **non-governmental organization (NGO)**. It was founded in 1981 by **Sri Sri Ravi Shankar**. The Art of Living Foundation has its centers in 180 countries. Art of Living offers several stress-elimination and self-development programs based on breathing techniques, meditation and yoga.

Art of Living Program was organized in our school on 16th February, 2023 under the guidelines of the instructor **Mr. Ajay Tiwari** in which students learnt several activities related to breathing like – meditation, mudras, pranayama, etc. to eliminate stress and keep themselves fit and mentally healthy.



Maha Shivratri Celebration (17th February, 2023)

One of the greatest and most important Hindu festivals is **Maha Shivratri**. This is the pious day of wedding of **Shiv Ji** and **Mata Parvati**. It is celebrated through out the world by Hindus.

In our school students played the role of **Lord Shiv** and other characters and gave a wonderful performance. They also showed **Shiv Tandav Nritya**.

On the same day just after the celebration of **Maha Shivratri** a meritorious student **Soumya Yadav** gave an unbelievable and wonderful performance of **yogasanas**.





Annual Health Check-up Feb 2023

A medical team from **Adani Enterprise Limited (AEL)** approached our school for the health checkup of students from classes 1st to 9th. It is in process (at the time of writing this news).





Participation Certificate in 18th National Athletic Meet (Feb. 2023)

A worthy and efficient student of our school **Master Mohit Sarthi** participated in **National Inter District Junior Athletics Meet 2023** at Patna, Bihar organized by **Sports Development Authority of Bihar**. He took part in **Shot Put** event held from 10th to 12th February 2023 there. He was rewarded with Athletics Kit and participation certificate.



Awareness Creation on Innovation and Entrepreneurship

Innovative entrepreneurs are individuals who have the capability of creating and bringing innovative products to the market. Innovative entrepreneurship can help professionals develop ideas to successfully manage businesses. Understanding this concept can help you become a successful entrepreneur. Our honorable Principal told students about the innovation, entrepreneurship, its scope, possibility, opportunity and utility through an informative and effective speech.

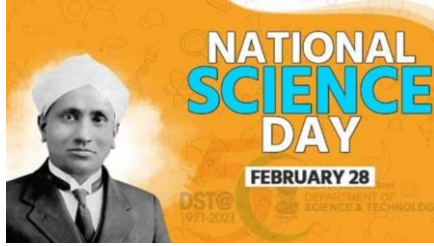


10th Board Exam 2022-23

The Annual Examinations of class 10th CBSE Board 2022-23 commenced on 27th February 2023. Teachers of our school along with the students of class 10th prayed to Goddess Saraswati seeking blessing for the students for good performance in examination.



National Science Day (28th February, 2023)



National Science Day is celebrated in India on 28 February each year to mark the discovery of the **Raman** effect by Indian physicist Sir **C. V. Raman** on 28 February 1928. For his discovery, Sir **C.V. Raman** was awarded the Nobel Prize in Physics in 1930.

Our school celebrated **National Science Day** to commemorate the contribution of honorable Indian origin scientist **Dr. C.V. Raman** to the world of science. Our honorable Principal delivered a speech throwing light on the contribution of **Dr. Raman** to the scientific world.



ADANI VIDYA MANDIR, SURGUJA



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